

Stephanie A. Smith, M.A.

A leader is any individual who influences their world and is willing to be influenced by their world, regardless of position or title.

- Carpenter Smith Consulting

Stephanie A. Smith is unmatched in her ability to help individuals confidently step into their leadership and aid companies in creating deep employee engagement. She is the co-founder and COO of Carpenter Smith Consulting, LLC, and provides trusted advice and consultation to executives and individuals who are seeking greater personal and professional success.

For 20 years, Stephanie has worked with individuals to enhance their performance, help them achieve greater results, and create more engaged teams.

Stephanie is a powerful and inspiring coach who is able to simplify and operationalize complex and challenging issues. Her clients describe her as a fierce ally and motivational facilitator.

Stephanie's M.A. in Applied Behavioral Sciences, and B.A. in Psychology have enabled her to consult to organizations large and small, coach C-Suite executives and business leaders, and support individuals in claiming their power, effectiveness, and spirit.

Before founding and leading Carpenter Smith Consulting, LLC, Stephanie held leadership roles in non-profits, university research settings, and mental health environments. She has been recognized as someone who can get things done and enthusiastically encourage others to do the same.

Areas of Expertise:

- Strategic Planning / Visioning / Identifying Obstacles / Strategic Focus
- Executive Coaching / Leadership Development / Team Effectiveness
- Team Engagement / Creating Cultures of Engagement / Goal Development
- Career Consultation / Career Leadership



Contact Stephanie at:

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What others are saying about Stephanie

Stephanie is masterful at bringing clarity to things and helping me to look at the big picture— something I don't always do. I get so caught up in the day to day, sometimes it's hard to see 2 seconds ahead, let alone a year or two in the future.

She was instrumental in helping me realize that opening my own firm was not only the best move for my health and sanity, but also that it could actually work from a financial perspective. She was my biggest cheerleader.

Her guidance and clarity helped me make a very difficult decision – one that has led to the best career of my life.

- **Angie Galifanis**, Owner/President at Lawrence PR, Portland, OR



Working with Stephanie as an Executive Coach has been the single most transformative and meaningful experience I've chosen. I have enjoyed Stephanie's keen and honest feedback as well as her commitment to my growth as a person and as a professional.



I've made tremendous personal growth since working with Stephanie. I've learned where my power is and shifted the dynamics in many of my personal and professional relationships.

Thanks to Stephanie's advice and support, I entered and completed graduate school, and have made it through many professional challenges. She's helped me establish my own business and aided my success.

- **David Hanna**, Couples, Family, and Individual Therapist at David Hanna Counseling, Portland, OR

My monthly Executive Coaching sessions with Stephanie have provided me as a business leader with:

- A case study-like approach to work through current business challenges in real-time.
- A constructive unbiased listening center, which provides immediate stress relief.
- An actionable and useful "nugget" to put into immediate action from each session.

Politics are a part of business and the "puts and calls" are important to weigh quickly. **Stephanie has been an invaluable sounding board** in these matters. She has ensured family and self remain a focal point in our monthly sessions since even the seemingly "business only" challenge will have impact to the self and family.



- **Kathryn Loescher**, Sr Manager, Compensation at XPO Logistics, Portland, OR