

YOUR PRESENT

Now that we've looked back to your past and considered your priorities, it's time to take a look at where you are right now. What does life look like for you today?

To do this, we suggest that you review how well you're living into your top 5 Life Priorities.

Spend a few minutes looking over the following pages. You may want to use the assessment wheel to rate where you are, you may want to make some notes below, and/or you may even want to draw or paint something.

○ **Life Priority 1:** As I consider this life priority, what am I doing well? What's challenging?

○ **Life Priority 2:** As I consider this life priority, what am I doing well? What's challenging?

○ **Life Priority 3:** As I consider this life priority, what am I doing well? What's challenging?

○ **Life Priority 4:** As I consider this life priority, what am I doing well? What's challenging?

○ **Life Priority 5:** As I consider this life priority, what am I doing well? What's challenging?

○ **Other:** What isn't in these top 5 Life Priorities that I'd like to make note of here?

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Note each of your top 5 Life Priorities, in its appropriate slice below. Then, using a scale of 1-10, make a note of your current level of satisfaction with each of the areas. 1 being totally unsatisfied and 10 being completely satisfied.

We've added in a slice labeled "other" in case you have additional thoughts or comments you'd like to capture.

